

Get Ready for Sydney's Edible Garden Trail

By **In the Cove** - Tue Feb 25



ITC is a big fan of verge gardens, edible gardens and crop swapping. We were thrilled to see that two Lane Cove Locals have put together the **Sydney Edible Garden Trail**.

What is the Sydney Edible Garden Trail?

The Sydney Edible Garden Trail is a 'design your own adventure' event. With over 60 gardens open throughout Sydney you can start, finish and go at your own pace. Once you have purchased your tickets, just prior to the event, you will receive a map with details of all open gardens. From here you can begin to explore.

When is the Sydney Edible Garden Trail?

Saturday 21nd and Sunday 22rd March 2020.

How much for tickets?

Tickets for the event – all gardens, both days – are \$25 each or \$20 concession. With family tickets available.

Where Can I Buy the Tickets?

You can buy them [online](#)

How Did this Edible Garden Trail start?

Lane Cove local Bridget Kennedy tell us how the Sydney Edible Garden Trail idea became a reality. Take it away Bridget...

The Idea

In early March 2019, I visited the [Blue Mountains Edible Garden Trail](#) with a group from [Permaculture Sydney North \(PSN\)](#). Since the demise of the ABC Open Gardens scheme, I'd had been toying with the idea of creating an annual fundraising opening Garden Trail promoting sustainable living and growing your own food. The visit to the mountains was just the impetus I needed. Within 24 hours, I had contacted Susanne Rix, the founder of the Blue Mountains Edible Garden Trail (who was keen to offer her support) and her local permaculture group, who were also excited by the idea.

Within a week, Nita Lo, Garden Co-ordinator of Permaculture Sydney North, who had also visited the Blue Mountains, reached out to Laurie Green, Founder [Crop Swap Australia](#) (and another Lane Cove local), and Janna Mizen, VP PSN. A couple of weeks later, Margaret Mossakowska of [Moss House](#) contacted me. The result was an awesome team of multi-talented women who've volunteered their time to make the not-for-profit **Sydney Edible Garden Trail** a reality.

The Inaugural Edible Garden Trail

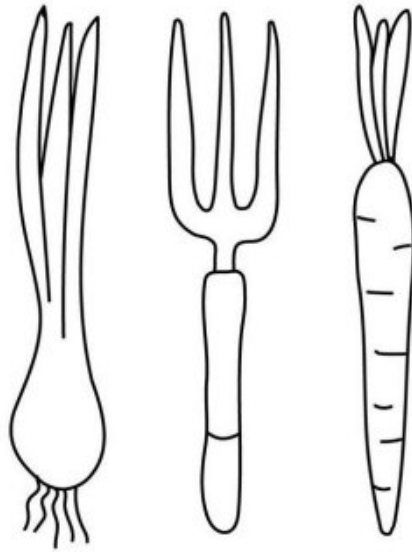
For the inaugural trail, while any creases are ironed out, we'll focus on the council areas where the group personally has more knowledge of local food production (Ku-Ring-Gai, Lane Cove, Willoughby, Ryde, Hornsby and North Sydney) but moving forward, our vision is for this to be a Sydney wide event.

The Trail will run over 21 and 22 March 2020 with backyard growers, school and community gardens, large and small, opening their gardens to the public. This is a community not-for-profit event with all profits going to participating school and community gardens. Early Bird Ticket Sales are on now and you can buy tickets [here](#).

Why Hold the Edible Garden Trail?

The aim of the **Sydney Edible Garden Trail** is to encourage and inspire growing edible produce in street gardens, home gardens and public spaces across Sydney. We aim to showcase sustainable practices such as mulching for water conservation, recycling and composting to increase soil fertility and reduce landfill, planting to encourage bees, home food production to increase food security, and organic growing techniques to reduce chemical use. Often people think that growing edibles is a lot of work. Sometimes it can be, but there are also heaps of extremely low maintenance edible plants too. And, we also want to show that edible gardens can be beautiful too.

We want to celebrate the myriad of ways that Sydney residents are creating food security, saving money and the environment, while enjoying the health benefits of home grown fruit and vegetables. We see the trail as a conduit for these gardeners to share their passion and knowledge to inspire self-reliance and a love of growing edibles in others, saving the planet one edible garden at a time.



EDIBLE GARDEN TRAIL

SYDNEY

Find out about Bridget Kennedy and her garden [here](#).

Find out about Laurie Lee and her garden [here](#).

Our cover photo is of one of the beautiful gardens that will be open. The photo was taken by [@https://www.instagram.com/ecomlocations/](https://www.instagram.com/ecomlocations/)



Want to Be In the Know and Impress Your Friends With Your Up To Date Knowledge of Lane Cove?

To make sure you don't miss Lane Cove info **sign up to our newsletter**. It comes out every Wednesday Night at 7.30 pm and includes a wrap up of everything posted on our Facebook site in the previous week.

Read this week's newsletter

Did you know that **In the Cove has an instagram page?** Yes we do and we feature pictures from our roving reporters and our ITC team that do not appear on our Facebook page. Follow us on **@inthecove**

