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Get on the edible garden trail

[< Previous](#) [Next >](#)

Get on the edible garden trail

If you love sustainably growing your own food, you're invited to be part of the inaugural Sydney Edible Garden Trail on the third weekend in March 2020.

The ticketed, non-profit event will send all proceeds back into community and school edible gardens to raise awareness about the health and environmental benefits of growing your own food.

The trail was initiated by Lane Cove local Bridget Kennedy, who was inspired earlier this year when she went on the Blue Mountains Edible Garden Trail with like-minded gardeners from Permaculture Sydney North (PSN). Within weeks the PSN team and other food garden advocates including Margaret Mossakowska of Moss House in Denistone, and another Lane



Bridget Kennedy (left)
with Laurie Green

Cove local, Laurie Green, founder of Crop Swap Australia, were all on board helping organising the Sydney Trail.

“The Trail event will show growing food is not as hard as many people think,” said Bridget. “It doesn’t have to be a lot of work ... we plant a lot of perennials. We have a banana circle, a feijoa hedge, an edible verge, chook pen and various citrus, fruit trees, herbs and other edibles, mixed with ornamentals.”



“Nor is it always messy-looking or boring with repetitive square beds or crop rows. Trees in my garden make it more of an edible forest, and there’s a central pond and traditional elements of garden design such as hedges.”

The inaugural trail is expected to start with about 50 gardens in Ku-Ring-Gai, Lane Cove, Willoughby, Ryde, Hornsby and North Sydney, and organisers hope it becomes a Sydney-wide event. There’s no telling how big Sydney’s edible event might grow – Laurie Green’s Crop Swap Australia is now national.

To be part of the Sydney Edible Garden Trail next March, get in touch at info@sydneyediblegardentrail.com Sydney Edible Garden Trail will follow up to ensure the garden is grown sustainably. Organisers would like to confirm the list of gardens by October so everyone has time to get gardens ready by March. See more [here](#)



Need gardening help? If you’re finding your garden hard to manage – regardless of what you grow – Sydney Community Services can help eligible residents in Lane Cove, Willoughby, Hunters Hill, Mosman and North Sydney LGAs. Our supervised teams of volunteer gardeners can trim, tidy your outdoor space and make it safer and more accessible. See more information on SCS gardening services [here](#)

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